

A woman with brown hair is lying in a blue net hammock, reading a white book. She is wearing a white top with a floral pattern. The background is a blurred green landscape, suggesting an outdoor setting. A semi-transparent white box is overlaid on the image, containing text.

Relax

This April send in a picture of you taking time to recharge. Your picture will be included in the Wellness gallery and you will be entered into a raffle for your choice of either a certificate for Debbie's Day Spa or St. Johns County Golf Club.

Send pictures to: dzupansic@sjcfl.us